



Year-Round Gymnastics & Cheer Schedule

221 Commonwealth Court, Winchester, VA 22602
 Phone: 540.869.3207 fax: 540.869.3208

www.shenandoahstumblers.com and www.mcx-treme.com

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Toddler (Walker-3 yrs.) 45 Minutes \$60.00/month				10:30-11:15		10:00-10:45 11:00-11:45
Developmental (3-4 yrs.) 50 Minutes \$65.00/month	12:35-1:25	5:35-6:25	12:35-1:25	9:30-10:20 12:30-1:20		
Developmental (4½-5 yrs.) 60 Minutes \$70.00/month	1:45-2:45		1:45-2:45 4:15-5:15 A	1:45-2:45 5:30-6:30	10:30-11:30	11:00-12:00
Girls (6-8 yrs.) 70 Minutes \$72.00/month	4:05-5:15 B	4:05-5:15 B 5:20-6:30 B	4:20-5:30 B 6:35-7:45 I	4:20-5:30 B 6:35-7:45 B		9:35-10:45 B
Girls (9-Over) 90 Minutes \$80.00/month	6:30-8:00 I	6:30-8:00 B/B/I		6:30-8:00 I/I		
Boys (6-8 yrs.) 70 Minutes \$72.00/month			4:05-5:15 B			
Boys (9-Over) 70 Minutes \$72.00/month			5:20-6:30 B 6:35-7:45 I			
Home School (6-Over) 60 Minutes \$70.00/month		1:45-2:45 (5-7 yrs) 3:00-4:00 (8-over)				
Tumble Bee's \$100.00/month			5:30-7:00			11:00-12:30
Prep 4's \$135.00/month		4:30-6:30		4:30-6:30		
Level 4 Team \$230.00/month		4:30-7:30		4:30-7:30	4:00-7:00	
Level 5/6 Team \$250.00/month		4:30-7:30	4:30-7:30			9:30-1:00
Level 7 Team \$250.00/month	4:30-8:00		4:30-8:00			9:30-1:00
Level 8/9 Team \$285.00/month	4:30-8:00		4:30-8:00	4:30-8:00		9:30-1:00
Cheer Tumble (6 - 10 yrs.) 60 Minutes \$70.00/month			5:30-6:30 B			
Cheer Tumble (11 - Over) 60 Minutes \$70.00/month	4:15-5:15 I 5:30-6:30 B	7:00-8:00 I				
MCX Junior 2 Cheer \$125.00/month	5:30-7:30		6:00-7:00 B Tumbling 7:00-8:00 I/A Tumbling			10:00-12:00
MCX Youth 1 (11 - Younger) \$100.00/month		5:30-7:00		5:30-7:00	5:30-6:30	

B—Beginner, I—Intermediate, A—Advanced

Updated 1/25/2012



Shenandoah Tumblers has been providing quality and professional gymnastics and cheerleading instruction to the Winchester and surrounding areas for over 20 years. We are a full service, year-round training facility for all ages of children and young adults. Progressive training and fun are the goals of our organization. These methods of instruction ensure each child is given all of the opportunities to excel in life. If you are unable to find the information that you need while navigating our website, please contact us and one of our professionals will be happy to assist. [Try us out for FREE! We offer a 1 time try to all NEW students.](#) There is no obligation to register and never any contracts to sign.

Registration into the program is year-round.

Annual Registration \$30.00

Non-refundable registration fee required for all new students (renewed each year in June)

Gym Closings

TBD - Spring Break
 May 4-6 - Apple Blossom Festival
 May 30 - Memorial Day
 July 4 - Independence Day